

A Recipe From Lorraine M., a CSA member: *“I never knew what to do with the beets because I do not like cooked beets, but my sister gave me this recipe and I love them raw. Here it is for you to share:”*

Raw Beet and Apple Salad:

Toss 2 thinly sliced apples and 1 Tbsp. finely diced onion in a bowl with the juice of 1 lemon. Peel 1 beet, then shred or slice and add to the bowl. Toss in 1 teaspoon sugar, 3 tablespoons chopped walnuts, 3 tablespoons olive oil, and salt and pepper. Let stand 10 minutes, then serve on a bed of leaf lettuce.